

E. HALE CURRAN "COUGAR COURIER"



March 9th – March 13th

This Week (March 9th – March 13th)

Mar. 9 – EARLY OUT

Mar. 10 – Running Club

Mar. 10 – Band

Mar. 12 – Running Club

Mar. 12 – Trout Release Field Trip

Mar. 12 – Recorder Lessons (4th Grade)

Mar. 12 – Band

Mar. 13 – Friday Flag

Mar. 13 – 6th Grade Counselor Visit

Mar. 13 – PTA Movie Night

Spring Break
March 30th – April 3rd

Next Week (Mar. 16th – Mar. 20th)

Mar. 16 – EARLY OUT

Mar. 16 – Pathfinder Campers Leave

Mar. 17 – Running Club

Mar. 17 – Band

Mar. 18 – Pathfinder Campers Return

Mar. 19 – Running Club

Mar. 19 – Recorder Lessons (4th Grade)

Mar. 19 – Band

Mar. 20 – Friday Flag

Mar. 20 – \$2 Jamba Juice Day



With basketball fever in the air, Curran is excited to host a March Madness basketball tournament at lunchtime.

Here are the details:

- ♣ It is open to all 3rd, 4th, and 5th grade boys and girls.
- ♣ There will be teams of 3.
- ♣ Team registrations will be on March 11th and 13th during lunch recess.
- ♣ Tournament will run March 23rd – 27th.

Good Luck Teams!!!



Questions for the Principal

Our next "Coffee with the Principal" is March 20, 2020. This event is all about you and your questions.

Send us questions you would like Principal Lumsden to answer. The coffee will revolve around you and your questions.

Drop them off at the front desk or send them in to your child's teacher.

March Events

Mar. 12th – Trout Release Field Trip
(5th Grade)

Mar. 13th – Middle School Counselor Visit
(5th Grade)

Mar. 13th – PTA Movie Night

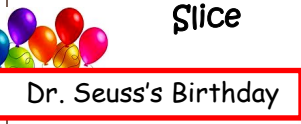













Mar. 16th to 18th – Pathfinder Field Trip
(5th Grade)

Mar. 20th – Coffee with the Principal

Mar. 20th – Special Olympics at MMHS

Meatless Mondays

March Lunch Menu ~ K - 5th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheesy Pizza Slice 	3 Holiday  Chicken Nuggets & Goldfish Crackers	4 Teriyaki Chicken & Brown Rice	5 Meatballs & Marinara w/ Texas Toast	6 French Toast & Yogurt 
9 Macaroni & Cheese 	10 Chicken Taquitos	11 Chicken Nuggets & Goldfish Crackers	12 Chili & Baked Tortilla Chips	13 Cheesy Bread Bites & Marinara 
16 Belgian Waffle & Yogurt 	17 Pepperoni Galaxy Pizza	18 Orange Chicken & Brown Rice	19 Chicken Drumstick & Texas Toast	20 Grilled Cheese Sandwich 
23 Cheesy Bread Bites & Marinara 	24 Chicken Corn Dog	25 Chicken Nuggets & Goldfish Crackers	26 Chefs Choice 	27 Mozzarella Cheese Sticks & Marinara 
30 No School Spring Break 3/28 - 4/5	31 	 = Pork Free Menu  = Vegetarian Option		

DAILY ALTERNATE ENTREES
 Turkey & Cheese Sub Sandwich,
 Peanut Butter & Jelly Uncrustable Snack Pack
 or *Entrée Salad Bar with Cheese & Crackers*

PRICES
 Full Pay \$2.75 Reduced Pay \$0.40
 Bottled Water \$0.75 Milk or Juice \$.50
 Staff \$4.00 (includes tax)

Lunch Includes
 Unlimited Daily Produce Bar
 100% Fruit Juice & Choice of
 1% White or Non-Fat Chocolate Milk

Daily Produce Bar

Harvest of the Month



Sugar Snap Peas

- Apples
- Oranges
- Bananas
- Watermelon or Grapes
- Chilled Pears or Chilled Peaches
- Applesauce
- Local Strawberries
- Romaine Lettuce
- Baby Carrots
- Corn or Kidney Beans
- Green Beans or Cucumbers

* Selections vary seasonally and daily



March 2020 – Breakfast Menu

	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Week of: 3/2 - 3/6 3/16 - 3/20	Biscuit + Sausage Patty or Choice of Cereal	Glazed French Toast + Syrup or Choice of Cereal	Breakfast Pizza or Choice of Cereal	Blueberry Pan Bread or Choice of Cereal	Cinnamon Roll or Choice of Cereal
Week of: 3/9 - 3/13 3/23 - 3/27	Cocoa Puff Cereal Bar or Choice of Cereal	Belgian Waffle + Syrup or Choice of Cereal	Breakfast Pizza or Choice of Cereal	Banana Pan Bread w/ Chocolate Chips or Choice of Cereal	Bagel + Cream Cheese or Choice of Cereal

Breakfast Includes

- Assorted Fresh Fruit
- Trix Yogurt
- Assorted Fruit Juice
- 1% White Milk or Non-Fat Chocolate Milk

Breakfast

Full Pay \$1.75
Reduced Pay \$0.30

* Graham Crackers also available as a breakfast entree

Name _____

What's the Word?

Unscramble the sight word

- anc _____
- rea _____
- lapy _____
- elki _____
- teh _____
- vahe _____

Word Bank

can
play
like
have
are
the

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Dr. Seuss's Birthday
March 2nd born 1904

No School
on
3/30 - 4/6
Spring Break

Harvest of the Month

Network for a Healthy California

The Harvest of the Month featured vegetable is...
Sugar Snap Peas

Did You Know?

Sugar snap peas are a cross between shelled peas and snow peas. They have a crunchy texture & slightly sweet taste. You can eat the whole pod instead of removing the peas from the shell.



Murrieta School Nutrition
@MurrietaSchoolNutrition



This institution is an equal opportunity provider. Menu Subject to change without notice.